



Team Building Program



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Proposal

Aim: The Session is aimed at helping participants explore the essential elements of

1. Team Building
2. Team Bonding
3. Interdependence
4. Collaboration

Learning Style: Experiential Learning with Management and Team Building Activities.

APPROACH

Experiential learning offers many ways where business lessons in real life can be simulated through action learning, and well researched games, and activities, and offers a chance to practice Learning by Doing. Adult Learning Principles are incorporated to give a more of “hands-on” approach to learning which not only provide for more variety, but also leads to a more profound participation and comprehension.

Training Outcome:

After undergoing the training, the participants will be able to:

- Enhance Team Bonding and Trust among each other.
- Relate to the essential aspects of teamwork and interpersonal skills.
- Relate to ways of enhancing interdependence and collaboration in the team

Sample Team Building Agenda

Time	Topic	Learning Objective	Activity	Methodology	Focus & Debrief
10:00 am 30 Mins	Team Bonding	Introductions, Ice breakers, connections	Cooperative Play Activities	Get to know more about each other beyond everyday knowing	Ice Breaker Team Connections Discovering the Team
10:30 am 60 Mins	Team Building	To explore how teams work together	Canvas Race	Participants get to construct a paper canvas and use it to move from point A to point B	Teamwork Synergy Productivity
11:30 am	Tea Break				
12:00 pm 60 Mins	Coordination	To explore how teams Coordinate towards a common task	Ball Toss	Participants create a sequence of actions with a paper ball	Interpersonal Skills Coordination Synergy
1:00 pm	Lunch Break				
2:00 pm 60 Mins	Interdependence	To explore the role of interdependence in teams.	Hula Frenzy	Participants have to collect a many points as they can by working together	Interdependence Productivity Team Goals
3:00 pm - 60 Mins	Teamwork	To relate to how teams work together.	Ballooniture	Participants are given resources including balloons from which they have to create any furniture	Teamwork Communication Coordination Task Allocation
4:00 pm 60 Mins	Collaboration	To explore the role of collaboration in teams.	Enter the Dragon	Participants work together to support 2 team members to move to a goal without touching the Ring.	Coordination Interdependence Collaboration Team Goals
5:00 pm	Tea Break				
5:30 pm 30 Mins	Reflections & Takeaways	To Summarize the Learnings and Takeaways	Discussion Based.	Reflections and Takeaways are discussed with Actions for the workplace.	Reflections Takeaways Action

Note: Activities will be customized based on your teams needs and venue location.

Activity Pics



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LEARNING. ACTION. JOY.
Co-Operative Games



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Paper Canvas Race



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Toss The Ball



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Ballooniture



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Enter The Dragon



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LEARNING. ACTION. JOY.
Hula Frenzy

Costing

Facilitation Charges - One Day Team Building Program for upto 50 participants

Rs 60,000/- + 18 % GST - for upto 50 participants

Rs 90,000/- + 18% GST for upto 75 Participants

Rs 1,20,000/- +18% GST for upto 100 participants.

Venue Charges with Lunch, Hi Tea, Open Space, Banquet Hall / Shade Area

Rs 1500- Rs 2500/- at Hyderabad, Bangalore, Pune, Mumbai, Chennai, Delhi

Includes

1 Facilitator, 2 Support Staff for up to 50 participants

All Outbound Team Building Equipment and Props

Excludes

Transport, Anything not mentioned in Includes.

Terms

- Transport, Venue and food charges for Trainer and Staff will be billed to you.
- Minimum billing will be done for 40 participants.
- Payment terms are 50 % Advance 1 week before the event and Balance 50% within 1 weeks of activity.
- Cancellation or postponement charges are 100%.
- Third Party Venue costing are subject to change on the day of booking.
- All Outdoor Activities are subject to weather conditions and can be changed as per the facilitators' discretion.

About Us

Outlife was started to address the learning and development needs of the corporate clients and is run by a team of passionate and certified professionals from the Learning & Development Fraternity carrying over 10 years of experience in conducting trainings.

The Learning process includes facilitation based on Experiential learning, Adult Learning Styles and uses variety of facilitation methodologies and tools.

Outlife Outbound Training

A unit of Outlife Adventure Travel Pvt Ltd

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We conduct training events out of Hyderabad, Chennai, Bangalore, Pune and Mumbai

