



Team Building with 6 Feet – Social Distance

GUIDE TO Team Building, Anywhere AnyPlace

Practical aspects of
Team Building with 6
feet – Social distance.

Team Building With 6 Feet Distance

There could be many reasons not to indulge in a Team Building activities at this time, However, we have observed that there is a deep longing to have human connections, belongingness, movement and fun together. Hence, we have come up with an idea of team building with 6 feet distance after listening to many of our clients on how to conduct team building safely.

Top 5 reasons why you should participate in team building with 6 feet distance.

1. Team building is needed now more than ever as Teams are working in silos. They are stressed, bored, and struggling to have human connections apart from work.
2. Working remotely has its own pros and cons. Team bonding is been restricted for transactional online interaction, resulting in the unresolved conflicts and lack of space and time for team bonding.
3. Team members are struggling to get to know each other better. They are mostly Isolated with the work only mindset and without emotional and playful engagement.
4. Although teams have the leisure to work at their comfort. It has become more challenging to have work life balance. Individuals are finding hard to justify personal and professional life.
5. Too much comfort makes team complacent. Resulting in Lack of Motivation, Zeal, Passion and Enthusiasm.

Top 5 Benefits of Conducting Team Building with 6 Feet Distance

1. Longing to connect and know each other will be met, as the teams work together in a Team building session.
2. Physical movement by playing together in Team Building helps to stay motivated and passionate.
3. Helps them overcome stress and boredom. Team building with 6 feet distance allows the participation to work together keeping safe distance.
4. It's a great way to propel team energy energy, resulting in better TEAM performance.
5. "TEAM That Play Together Outshine Together" Of course Teams ENJOY and have enormous FUN together and enhance team relationships.

Sample Team Building Agenda With 6 Feet Distance

Time	Activity	Objective
9:00 am – 9:30 am	Arrival, Safety Briefing and Safety Check up	Safety
9:30 am – 10:30 am	Packed Breakfast Distribution of Masks and Face shield	Safety
10:30 am – 11:30 am	Ice Breaker activity- Introductions & outbound briefings. ACTIVITY 1 (Disinfected Props for the Activities)	Fun
11:30 am – 12:00 pm	Safety Station (Sanitize, Safety Checkup and Tea/Coffee Break) Packed Cookies and Tea in Disposable cups	Safety
12:00 pm – 1:00 pm	ACTIVITY 2 (Disinfected Props for the Activities)	FUN
1:00 pm – 2:00pm	Safety Station (Sanitize, Safety Checkup and Lunch Break) Packed Lunch	Safety
2:00 pm – 3:00 pm	ACTIVITY 3 (Disinfected Props for the Activities)	FUN & Learning
3:00 pm – 4:00 pm	ACTIVITY 4 (Disinfected Props for the Activities)	FUN & Learning
4:00 pm – 5:00pm	Safety Station (Sanitize, Safety Checkup and Tea/Coffee Break) Packed Cookies and Tea in Disposable cups Celebration and Close the Day.	Safety and Celebration

Note: Team Building sessions available for 1-3 hrs, Half day, Full day

Precautions to conduct the Activities:

1. Mandatory 6 feet distance, all the time.
2. Hygienically Packed Food and Water Bottles Provided
3. Travel using Private Transport
4. Venues close to city OR at your premises.
5. Exclusive Team activity Space.
6. Masks and shields always ON
7. Safety Stations - Sanitizer in all locations
8. Washrooms Sanitized after each use.
9. All team building props sanitized before and after use.
10. All Safety and Protection Guidelines followed as per Govt issued guidelines.



Minimum 10 and Maximum 30 people per session.

Here is a list of a Few Team Building activities with 6ft distance, with the complete details.

Note01: Pictures used in the page are only for reference

Note02: Face Shield and N95 mask (To be carried OR can be purchased at site).



Ball of Yarn

Ball of Yarn

Instructions: Participants hold the end of threads. Lift the balloon and place it back at the destined place.

Methodology:

Participants pass the yarn ball in a circle to form a net and carry 3 different size balls from Point A to Point B

Requirements/Props: 3 different size balls, Nylon ropes 1 per member

Time Duration: 45 minutes to 60 minutes

Number of Participants: 8-20

Preferred Setting: Indoor/Outdoor



Pipes And Marbles

PIPES and MARBLES

Instructions: Teams will have to transfer the marbles in the bucket using the cut pipes.

Methodology:

Participants have pass the ball through a pipe without dropping till the finish point.

Requirements/Props: PVC pipes of various lengths, marbles, bucket

Time Duration: 45 minutes to 60 minutes

Number of Participants: 8-20

Preferred Setting: Indoor/Outdoor



Key Punch

Instructions: The group must touch all the numbered spots as fast as they can

Donts: Shout the numbers at the same time by 2 individuals.

Requirements/Props: 1 to 30 Numbers in bold size. Border Rope

Time Duration: 45 minutes to 60 minutes

Number of Participants: 6- 15 per group

Preferred Setting: Indoor/Outdoor



Mine Field

Instructions: A team member is blindfolded and other team members helps him cross the minefield

Requirements/Props: Cones, Balls, flying saucers, sticks, ropes

Time Duration: 45 minutes to 60 minutes

Number of Participants: 5-10 per group

Preferred Setting: Indoor/Outdoor

Voter Volley Ball

Instructions:

Participants play volley ball with water filled balloons. A cloth has to be held by 2 members.

Requirements/Props:

Balloons, Water, Bucket, Net, long rectangular cloth, 3 clothes per team.

Time Duration: 30 minutes to 60 minutes

Number of Participants: 12

Preferred Setting: Outdoor



Crossing the Forest

Instructions: Team members are blindfolded and leader helps the team to cross the forest

Requirements/Props:

Cones, Balls, flying saucers, sticks, ropes

Time Duration: 45 minutes to 60 minutes

Number of Participants: 5-10 per group

Preferred Setting: Indoor/Outdoor





Treasure Hunt

Instructions: Teams will get clues and the team which cracks maximum clues shall win

Methodology:
Participants hunt maximum number of items from a series of clues

Requirements/Props: Different clues

Time Duration: 60 minutes to 90 minutes

Number of Participants: 10-50+

Preferred Setting: Indoor/Outdoor

Team Building with 6 Feet distance offerings

We have the professional expertise to safely conduct team building with 6 feet distance.

We have 100+ Team Building Activities with 6 Feet Distance,
Which can be done at Anywhere Anyplace

We conduct below mentioned programs with 6ft distance:

- 1.Team Engagement 2.Team Outing 3.Team Building 4.Behavioral Training 5.Experiential Learning
- 6.Leadership Development

Our Offerings include understanding your learning needs, design activities to suite your learning outcomes and facilitate awesome experiences that range from **Half Day to 1 Day, Multiple Day Learning Journeys**

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