



Outbound Training – Team Development

Venue: AHMEDABAD, BANGALORE, CHENNAI, COIMBATORE, DELHI, GOA, HYDERABAD, KOCHI, MUMBAI, PUNE , VIZAG

Duration: 2 days



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Proposal

Training and Team Building is the core responsibility of any organisation. Organisations across the globe have people with diverse skill sets and personalities. This contributes to improper implementation, conflict and competition leading to team initiatives failing often. In order to ensure synergy, organizations need to constantly sharpen the Team Building Skills of its workforce.

Aim: The Outbound Training program is aimed at helping participants explore the essential elements of

- Team Building
- Team Bonding
- Motivation
- Collaboration

OUR APPROACH:

Experiential learning offers many ways where business lessons in real life can be simulated through action learning, and well researched games, and activities, and offers a chance to practice Learning by Doing. Adult Learning Principles are incorporated to give a more of “hands-on” approach to learning which not only provide for more variety, but also leads to a more profound participation and comprehension.

Participants develop teamwork skills by testing their knowledge, skills, and abilities through newer experiences and challenges. They learn best when put in unique and ambiguous situations. The debriefing of each activity focuses on structured reflection, generalizing, co-relating and applying the learning's to real life work areas.

Training Outcomes:

After undergoing the training, the participants will be able to:

- Enhance Team Building and Team Bonding in the Team
- Understand the importance of Motivation in the Team
- Understand the importance of working in teams and collaborating within and across teams to achieve results.

Learning Style: Interactive Discussion, Group Exercises, Experiential Learning with Outbound and Adventure Activities.

Training Agenda - Day 1

Time	Topic	Learning Objective	Activity	Methodology	Focus & Debrief
09:30 am	Arrival in Morning or Check-in Previous Evening with Dinner.				
10:30 am – 11:30 am	Ice Breaker	To let the participants, develop a rapport with each other.	Ice breakers and energisers	Participants will share and learn about each other in a fun activity.	Discovering each other. Rapport Building
11:30 am – 12:00 pm	Team Building	To explore how teams are formed.	Duct Tape Trolley	Participants form groups and stand on a sticky and strong duct tape and move from point A to point B in sync with each other.	What are Teams Team Formation (Tuckman)
12:00 pm- 01:00 pm	Trust Building	To explore how trust works as foundation of teamwork	Shrinking Platform	Participants have to work together to stay and adapt together on a platform as it shrinks in size	Trust Commitment Supporting the Team
01:00 -2:00 pm	Lunch				
2:00 pm - 3:00 pm	Teamwork	To explore how teams, work together.	Ballooniture	Participants are given resources including balloons from which they have to create any furniture that will support 1 team member on it.	Teamwork Coordination Team Synergy
03:00 pm – 05:00 pm	Motivation	To motivate the team towards performance	Zip Line Rock Climbing Obstacle Course	Participants will be divided into groups and take part in adventure activities.	Self confidence Motivation Performance
05:00 pm	Hi Tea				
08:00 pm – 09:30 pm			Dinner / Campfire		Dinner Campfire

Training Agenda - Day 2

Time	Topic	Learning Objective	Activity	Methodology	Focus & Debrief
08:30 am	Breakfast				
09:30 am – 10:30 am	Motivation	To explore how motivation helps in achieving results.	pass the ring	Participants form entangled circles and pass the rings among themselves in a circle	Team Work Motivation Goal Setting Achieving Results
10:30 am – 11:30 am	Achieving results	To Explore the motivators for achieving results.	Treasure Hunt	Teams have to perform tasks as a team as they work towards solving clues	Driving Action Achieving Results
11:30 am	Hi Tea				
12:00 pm – 01:30 pm	Collaboration	To relate to the importance of collaboration in achieving goals	Sinking Island	Team has to rescue each other from sinking island with limited resources and constraints	Teamwork Strategy Collaboration
01:30 pm	Lunch				
02:30 pm – 03:30 pm	Psychometric Test	To understand the behavioral traits of the team	Psychometric Test – Belbin team roles	Participants take the test and calculate their scores to understand their behavioral traits on teamwork	Understanding Strengths and weakness of the Team
03:30 pm - 05:30 pm	Collaboration	To demonstrate the importance collaboration in the team to achieve goals	Raft Building	Teams will take part in raft building supported by adventure experts	Trust Leadership Risk Taking Teamwork
05:30 pm	Summary	Summary and closing	Summary	Action Plan	Summary of learning's, Action Plan Feedback
05:30 pm	Hi Tea and Closing.				

Costing

2 Day / 1 Night Outbound Training Program

Rs 7500 per head + GST 18%

Includes:

- 1 Chief Outbound Trainer & Facilitator
- 4 outbound support experts.
- Outbound Activities.
- Team Building Activities,
- Team Building Equipment
- Adventure Activities and Equipment.
- Swiss Tents / Dormitory / Dome Tents
- F&B from Breakfast, Lunch, Dinner on Day 1 to Breakfast, Lunch, Hi Tea of Day 2 (Veg / Non Veg Meals)
- All taxes

Does not include

- Apparels
- Transport
- Anything not Mentioned in Includes

Terms

- A letter of request for the activity or Purchase Order to be raised with confirmed number of participants.
- A disclaimer needs to be signed by all participants.
- 75% Advance and 25% within 15 days of the completion of the activity.
- 100 % Cancellation Charges Apply.
- Quote Valid for 30 days only.
- Additional activities or services will be billed extra.

About Us

Outlife Outbound Training was started to address the learning and development needs of the corporate clients and is run by a team of passionate and certified professionals from the Learning & Development and Adventure Fraternity carrying over 5 years of experience in conducting trainings.

The Learning process includes facilitation based on the Adult Learning Styles and uses variety of methodologies and techniques which include David Kolb's Experiential Learning Model (ELM), Johari Window, and Lateral Thinking etc.

The methodology of training follows a cycle of learning which includes the following steps:

Training Need Identification & Analysis → Program Development → Program Delivery → Program Debrief → Feedback → Action → Impact Assessment → Schedule Further Training.

Contact

Outlife Outbound Training

(A Unit of Outlife Adventures Pvt Ltd)

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We have presence in Hyderabad, Chennai, Bangalore, Pune and Mumbai