



EXPERIENTIAL
LEARNING

OUTBOUND
TRAINING

SKILL
DEVELOPMENT

CAPABILITY
DEVELOPMENT



HYDERABAD | BANGALORE | PUNE | MUMBAI | CHENNAI | DELHI NCR | KOLKATA



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EXPERIENTIAL LEARNING



"I hear and I forget. I see and I remember. I do and I understand."
- *Confucius*



Experiential learning embraces a range of active approaches to learning which aim to develop peoples ability to learn from experiences.

OUR EXPERTISE



EXPERIENTIAL
LEARNING



OUTBOUND
TRAINING



CAPABILITY
BUILDING



BEHAVIORAL
SKILLS TRAINING



OUTDOOR
MANAGEMENT
DEVELOPMENT



LEADERSHIP
DEVELOPMENT



EMPLOYEE
ENGAGEMENT



TEAM BUILDING
PROGRAMS



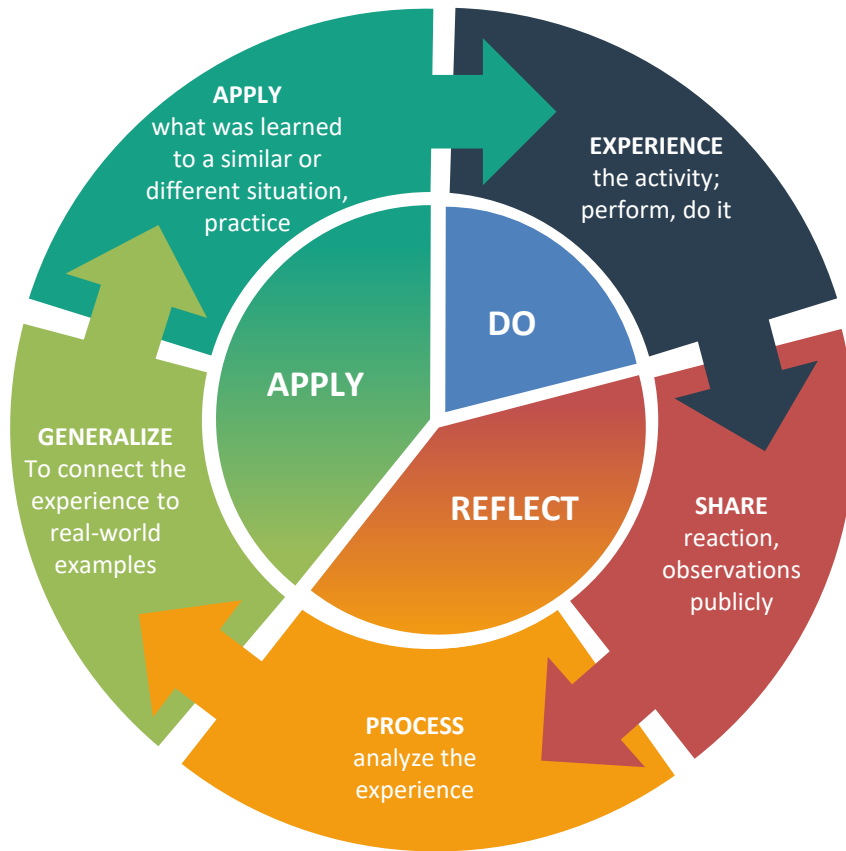
TEAM OUTINGS



ADVENTURE &
OUTDOOR
PROGRAMS

OUR APPROACH

EXPERIENTIAL LEARNING CYCLE



ADULT LEARNING PRINCIPLES



OUR PROGRAMS ARE BASED ON EXPERIENTIAL LEARNING AND ADULT LEARNING PRINCIPLES

TRAINING PRACTICES

The Program Design, Delivery, Facilitation and Debriefing process includes variety of time tested and proved methodologies, theories, techniques and tools some of which include;

A.D.D.I.E

Experiential Education

Outdoor and Adventure Education

Cooperative Games

Adult Learning Principles

Behavioral Skills Training

Psychometric Instruments

Neuro Linguistic Programing

Group Process Facilitation

Processing and Transference



EXPERIENTIAL LEARNING METHODS

Outbound Training

Management Games

Team Building Activities

Adventure Based Learning

Outdoor Learning Activities

Behavioral Skills Training

Drama, Art, Theatre

Simulation Based Learning

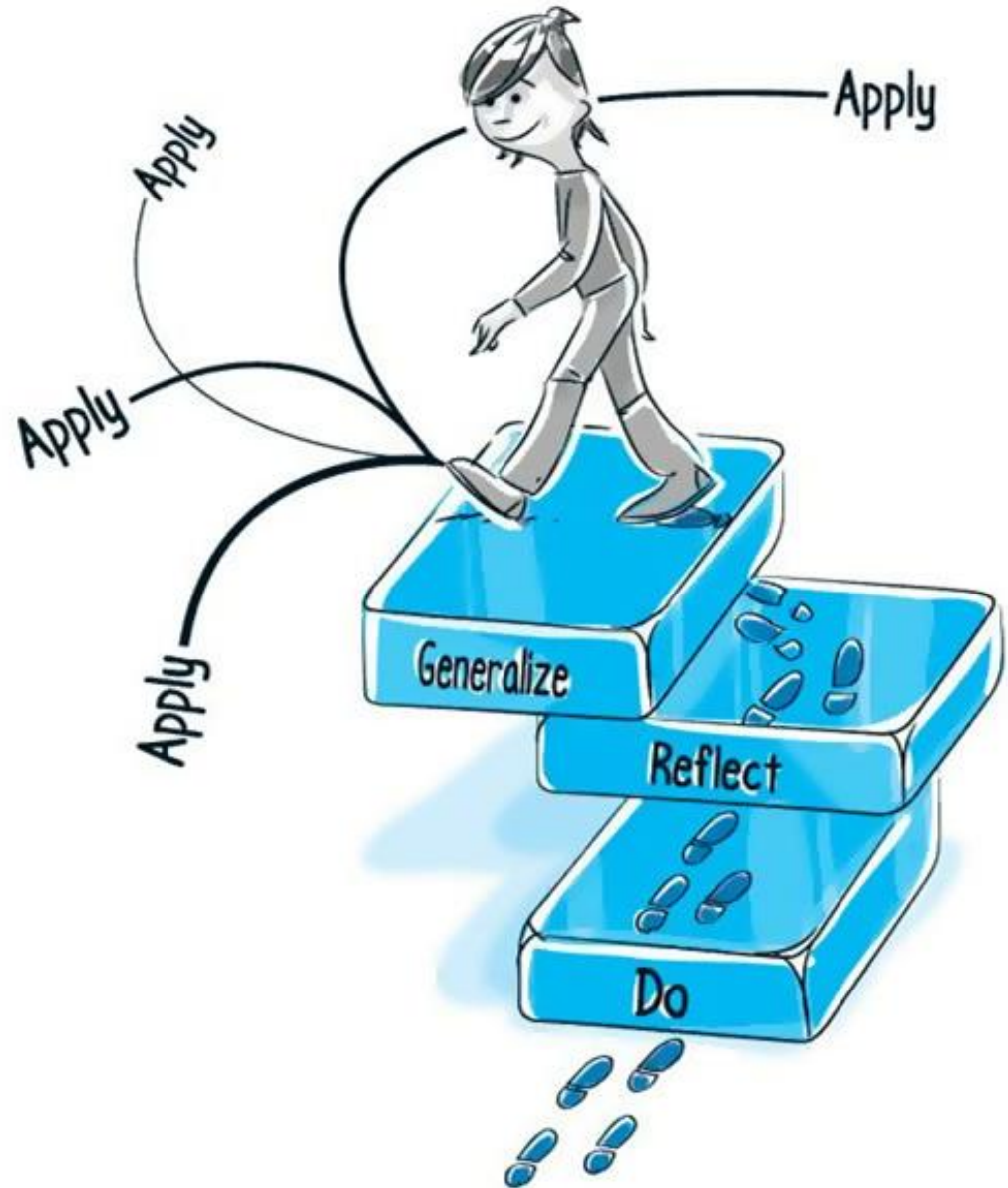
Film Making

Story Telling

Creativity Games

Mystery Games

Service Learning



TRAINING DEVELOPMENT CYCLE



RECREATIONAL PROGRAMS

RECREATIONAL PROGRAMS ENGAGE THE PARTICIPANTS IN AN ACTIVE AND FUN ENVIRONMENT



Focus is on experiencing fun, wellness and engagement through activities that result in a feel good factor. Usually lasts from 1 hour to multiple days.

Mostly employed for Employee Engagement, Team Day outings and Fun Team Building Sessions. Can be Done Inhouse or Outdoors.

RECREATIONAL PROGRAMS

FOR - FUN, ENGAGEMENT & WELLNESS

TEAM OUTING

TEAM OFFSITE

FUN TEAM BUILDING

COOPERATIVE PLAY

TREKKING& CAMPING

ADVENTURE DAY OUTING

TREASURE HUNTS

HERITAGE RACE

CYCLING

PLANTATION DRIVES

COOKING SESSIONS

ART & CRAFT

FITNESS EVENTS

SPORTS EVENTS

RUNNING

CYCLING

YOGA SESSIONS

MEDITATION SESSIONS

STRESS MANAGEMENT

THEATRE & DRAMA

ROOM ESCAPE GAMES

HOBBY CLUBS

VOLUNTARY SERVICE

CSR EVENTS



EDUCATIONAL PROGRAMS

EDUCATIONAL PROGRAMS IMMERSE THE PARTICIPANTS IN AN ACTIVE AND SHARED LEARNING ENVIRONMENT



Focus is on skill building through experiential activities to bring a change in the way participants behave, think or perceive. Lasts for 3 Hours to 3 Days.

The experiential activity is 75% and the debrief and discussion is 25%.

Mostly employed for **Team Building Sessions, Behavioural Skills Training**, Outbound Training Programs. Can be done Inhouse and Outdoors.

EDUCATIONAL PROGRAMS



Team Building

Team Bonding

Trust Building

Collaboration

Communication

Motivating Teams

Assertiveness

Decision Making

Innovation

Team Cohesion

Interpersonal Effectiveness

Building Interdependence

Strategic Thinking

Creativity

Goal Setting

Problem Solving

Confidence Building

Conflict Management

Time Management

Stress Management

Emotional Intelligence

Negotiation Skills

Delegation Skills

Persuasion Skills

DEVELOPMENTAL PROGRAMS

Development programs take participants through a immersive learning environment mirroring the self, team and the organization



Focus is on building capability, to bring a change in habits, motives, behaviours, beliefs and mental models . Usually lasts for 2 to 5 days. The experiential learning activity is 50% followed by 50% in-depth discussion and debriefing/processing.

Mostly Employed for Outdoor Management Development, Leadership Development and Change Management Programs ...

DEVELOPMENTAL PROGRAMS

Management Development	Team Development
- First Time Managers	High Performance Teams
- Middle Management	High Performance Leadership
- Senior Management	Coaching & Mentoring
Leadership Development	Organizational Effectiveness
Change Management	Thought Leadership
Cross Functional Teams	Conflict Management
Cross Cultural Teams	Self Management
Strategic Thinking	Team Management
Visioning & Missioning	People Management

CAPABILITY BUILDING



SUSTAINING LEARNING

Post Program Follow-up

Based on the understanding a post-program follow-ups will be held to review the experiences in implementing the learning back at work.

Observation / Action Plan / Follow up

Post the Intervention participants will receive a detailed report on their performance. Participants will also identify significant areas for improvement and create actionable goals and success criteria's for further development.

Actionable Micro Learning:

Post Training, Participants will receive weekly follow-ups in micro learning format to help them keep the motivation and continue to take action and form behaviours back at work.

Behavioural Observation Report.

A Behavioural Observations report on each participant will be shared with the organization, detailing the behaviour observations, areas of strengths, scope and recommendation for improvements.



STANDARDS

Experiential Education Principles

Structured Learning Methodology

Industry Standard Practices and Procedures

State of the Art UIAA Certified Equipment

Safety First Always

Safe and Redundant Setup

Certified and Experienced Instructors

Certified and Qualified Facilitators / Trainers



OUR CLIENTS

Google



Cognizant

Dr.Reddy's

HSBC

UNISYS

Mahindra Satyam

Deloitte.

amazon

ADP

CGI

accenture



Capital IQ

Microsoft

genpact

TATA
TATA CONSULTANCY SERVICES



PBEL CITY
BEGIN TO LIVE LIFE

YPO

ICICI Bank

NGBS GREEN
Home Innovation Research Labs

EA

IBS
BUSINESS SCHOOL

IBM

BITS Pilani
Pilani | Dubai | Goa | Hyderabad



एनटीपीसी
NTPC

DELL

EUREKA
FORBES

NOVARTIS

TMEIC
We drive industry

Next Education
Transforming Education

VIACOM 18

B/E
AEROSPACE

AES
we are the energy

Atlas Copco

PEGA

ALEXANDRIA

ITC Limited

TATA
TATA ADVANCED SYSTEMS

TATA
TATA COMMUNICATIONS



BOEING
TATA

L&T Technology Services

AUROBINDO

TELSTRA

ISB

ASHOK LEYLAND

maa

FUJITSU

BBC
INDIA

Gramener

TESTIMONIALS

Toshiba Mitsubishi

The unanimous feedback is that every aspect of the Outbound event was fabulous, and everyone starting from the senior most Director to the junior most employee are all praises for the way the 2 day program was conducted and for the facilities organised which were of exceptional quality. It is very uncommon to not receive even a single complaint or for that matter a concern from such a diversified, large and distributed team and you made it possible. They are all praises for the programs, the coordinators and facilitators, the arrangements, the sequence of events, the briefing sessions, the food, the mid-night trek, morning yoga, the accommodation in tents to name a few.

The unanimous feedback is that Outlife is Exceptionally good in outbound learning programs. I profoundly offer my thanks for having made this program a great success. We look forward to partner with you more often in the future.

Ravindra Musunuru, Corporate Head - Human Resources
TMEIC Industrial Systems India Private Limited

Teach for India

The entire event has been very customized, in sync with nature and perfectly organized. The true morning of the agenda owned by us and created by us was explained. The entire day was very relaxing and helped us reflect on ourselves and our team. Kudos to the team!! Looking forward to work with you.

Kriti, Development Manager
Teach for India

TESTIMONIALS

Atlas Copco Business Services

I express my sincere gratitude to the entire Outlife team wholeheartedly for the wonderful experience that we had. It was truly a memorable one ! Everyone had a really great time and we learned a lot from the activities we did, especially the rappelling session which was a super hit ! The Training team was spectacular and we bonded so well with them almost immediately. They really went out of the way to make us feel comfortable and helped us to overcome our fears as we truly felt that we were in good & safe hands.

Saritha Nair, Project Leader, Atlas Copco Business Services

Kantar Operations

Our teams have had a memorable day with you. The program was well knit, with well planned activities, useful insights, and very well conducted adventure sports.

Your team of trainers and support members have a great way of making the participants feel comfortable & confident when they are strained or give up during the adventure sports. The facilitators spent a lot of time in understanding our needs & coming up with innovative ideas of knowledge sharing & experiential learning. All the best! We are extremely happy to be associated with you.

Angel Mathew, DGM - Talent Development, Kantar Operations

EXPERIENCE | EXPERTISE | ACCOLADES

OVER A DECADE OF EXPERIENCE AND EXPERTISE

1,560

OUTBOUND
PROGRAMS

2,210

TRAINING DAYS

95,600

PARTICIPANTS

950

CLIENTS

AWARDS

SiliconIndia

Top 20 Outbound Training Company – 2019

ETNow Award for

Innovation in Experiential Learning - 2017

Founders Institute

Asia's Most Promising Startup - 2016

MEDIA

FEATURED IN MEDIA

The New Indian Express

The Deccan Chronicle

The Hindu

Times of India

HansIndia

siliconindia 20 MOST PROMISING
CORPORATE OUTBOUND
TRAINING PROVIDERS - 2019



DECCAN
Chronicle



OUR TEAM OF EXPERTS

- Outlife is run by a team of Certified Coaches, Educators, Trainers and Facilitators from all over India with varied industry experience in mid, senior and executive management roles.
- Our Team has varied accreditation and expertise in Experiential Education, Behavioral Psychology, Outdoor Leadership, Outbound Training, Leadership Development and Organizational Development



Diyanat Ali

- Certified Human Potential Coach
- Certified Trainer and Facilitator
- Certified Experiential Educator

Amar Chegu

- Certified Management Consultant
- Certified Experiential Educator
- Facilitative Trainer



Monica Dhingra

- Certified Communication Coach
- Behavioral Trainer
- Outbound Facilitator

Satarupa Banerjee

- HR & OB Consultant
- Instructional Designer
- Content Developer

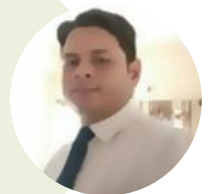


Shivram Vinjamuri

- Certified Executive Coach
- Behavioral Trainer
- Outbound Facilitator

Santosh Tantri

- Behavioral Trainer
- Instructional Designer
- Outbound Facilitator



Deepak Sawhney

- Certified Executive Coach
- Behavioral Trainer
- Leadership Facilitator

Navin Bajaj

- Behavioral Trainer
- Outdoor Leader
- Outbound Facilitator



OUTLIFE – OUR TRAINING LOCATIONS ACROSS INDIA



We have presence and conduct outbound training and team building programs at the following locations across India.

HYDERABAD | BANGALORE | CHENNAI | MUMBAI | PUNE | DELHI NCR | KOLKATA



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Hyderabad – 34.

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