



# Executive Presence Workshop

## Enhancing Leadership Influence and Impact

This Executive Presence Training empowers corporate leaders to inspire confidence, engage teams effectively, and influence stakeholders for greater organizational success.



# Understanding Executive Presence

## Key Elements That Define Executive Presence



### Confidence

The ability to trust your instincts and make decisions boldly.



### Poise under Pressure

Remaining calm and composed in challenging situations fosters trust.



### Decisiveness

Making clear choices swiftly is essential for leadership effectiveness.



### Emotional Intelligence

Understanding and managing your emotions enhances interpersonal relationships.



### Effective Communication

Conveying ideas clearly and persuasively is vital for engagement.



### Authenticity & Empathy

Being genuine and understanding others' perspectives builds rapport.



### Resilience & Adaptability

The ability to bounce back from setbacks and adjust to change is crucial.

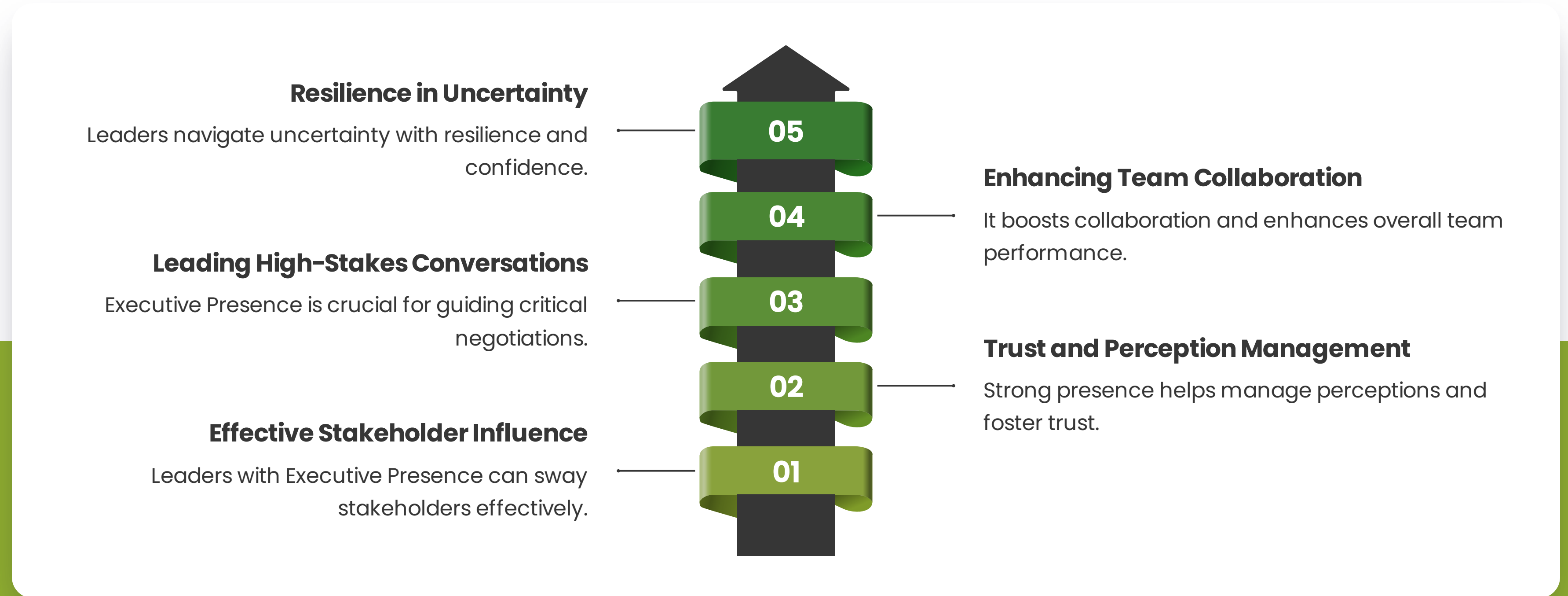


### Trust & Respect Building

Cultivating trust and respect lays the foundation for effective leadership.

# The Importance of Executive Presence in Leadership

Understanding the Role of Executive Presence in Leadership Success



# Executive Presence Training Overview

## Key Presence Leadership Competency Details



### **Importance of Executive Presence**

Executive Presence is vital for leaders, inspiring confidence among teams and stakeholders.



### **Inspiring Confidence**

Leaders with strong executive presence can motivate and instill trust in their teams.



### **Engaging Teams**

Effective leaders foster engagement, ensuring all team members feel valued and involved.



### **Influencing Stakeholders**

Leaders can sway opinions and decisions among stakeholders, enhancing organizational success.

# Methodology & Approach

Engaging methodologies for effective Presence



## **Creating Safe Space**

Fostering an environment where participants feel secure to openly share their thoughts and feelings.



## **Experiential Learning**

Engaging in hands-on activities and simulations to enhance understanding and retention of concepts.



## **Somatic Coaching & Mindfulness**

Utilizing body awareness and mindfulness techniques to improve self-awareness and emotional regulation.



## **Nonviolent Communication (NVC)**

Focusing on empathetic listening and clear expression to improve interpersonal relationships.



## **Psychodrama & Theatre-Based Learning**

Practicing real-world scenarios through role-play to develop problem-solving and social skills.

# Learning Flow Overview

A Step-by-Step Structure to Enhancing Presence Leadership

## Introduction & Icebreakers

Kick off the session with engaging introductions and icebreakers to foster a comfortable environment.

## Understanding Executive Presence

Explore the concept of executive presence and its importance in leadership roles.

## Somatic Coaching & Self-Awareness

Learn about somatic coaching techniques to enhance self-awareness and body language.

## Authentic Communication & Storytelling

Develop authentic communication skills and the art of storytelling for impactful interactions.

## Handling High-Stakes Conversations

Strategies for managing difficult conversations with confidence and clarity.

## Influence & Charisma Development

Techniques to build influence and enhance charisma in professional relationships.

<b>Learning Objective</b>	<b>Activity</b>	<b>Methodology</b>	<b>Focus &amp; Debrief</b>
Understanding Executive Presence	Icebreaker & Self-Assessment	Reflection & Group Discussion	Self-awareness & presence
Embodying Confidence	Somatic Awareness & Posture Work	Somatic Coaching & Movement	Body alignment & non-verbal cues
Engaging & Influencing	Theatre-Based Roleplay	Psychodrama & Improvisation	Voice, tone, & storytelling techniques
High-Stakes Conversations	Nonviolent Communication (NVC)	Interactive Partner Exercises	Managing emotions & conflict resolution
Commanding Presence in Action	Live Practice & Feedback	Roleplays & Peer Coaching	Applying presence in leadership



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