



LIST OF BEHAVIORAL COMPETENCIES FOR WORKPLACE

Behavioral skills are the abilities and actions an employee exhibits in their interactions with others at the workplace. These skills are also referred to as interpersonal or social skills and encompass many abilities, including communication, teamwork, leadership, problem-solving, conflict resolution, empathy, and emotional intelligence. Behavioral skills are essential in personal and professional settings and are frequently sought after by employers. Behavior skills can be learned and developed through education, training, and experience.

Our **Behavioural Skills Training** is an experiential and evidence-based approach for training employees, team leaders, and managers to learn, practice, and implement behaviour change and related attitudes to enhance personal efficiency and performance.

We deliver behavior skills training via both outbound, inhouse, online, and virtual learning modes in India. We engage individuals, small groups, and large groups in engaging, immersive, and experiential ways of learning and behavior change.

Here are a lit of behavioral skills for the workplace.

Communication Skills

1. Verbal Communication
2. Body Language
3. Physical Communication
4. Writing
5. Storytelling
6. Humor
7. Listening
8. Presentation Skills
9. Public Speaking
10. Interviewing

Creativity

1. Problem Solving
2. Critical Thinking
3. Innovation
4. Troubleshooting
5. Design Sense
6. Artistic Sense

Interpersonal Skills

1. Networking
2. Interpersonal Relationships
3. Dealing with Difficult People
4. Conflict Resolution
5. Personal Branding

Leadership

1. Team Building Skills
2. New and Emergent Leaders Program
3. Mid-Level Managers Program
4. Senior Leadership Program
5. Managerial Effectiveness Program
6. Advanced Presentation Skills
7. Visioning and Strategic planning
8. Coaching and Mentoring
9. Building winning teams
10. Managing Performance Goals
11. Effective Performance Appraisals
12. Team Leadership



13. Influencing and Persuasion Skills
14. Critical thinking skills
15. Problem solving skills.
16. Delegation Skills
17. Negotiation Skills
18. Decision Making Skills
19. Conflict Management Skills
20. Risk Taking and Confidence Building Skills
21. Building Essential Leadership Skills
22. Emotional Intelligence
23. Managerial Development Program
24. Winning Ways
25. Putting People First
26. Mentoring
27. Employee Encouragement & Communication
28. Change Management
29. Behavioral Risk Management
30. Work Life Balance

Personal Skills

1. Emotional Intelligence
2. Self- Awareness
3. Emotion Management
4. Stress Management
5. Tolerance of Change and Uncertainty
6. Taking Criticism
7. Self Confidence
8. Adaptability
9. Resilience
10. Assertiveness

11. Competitiveness
12. Self -Leadership
13. Self- Assessment
14. Work-Life Balance
15. Friendliness
16. Enthusiasm
17. Empathy

Professional Skills

1. Organization
2. Planning
3. Scheduling
4. Time Management
5. Meeting Management
6. Business Etiquette
7. Business Ethics
8. Diversity Awareness
9. Intercultural Competence Training
10. Train the Trainer
11. Customer Service
12. Entrepreneurial Thinking

Other Behavioral Competencies

1. Accountability
2. Ownership
3. Adaptability
4. Attention to Detail
5. Continuous learning and self -development
6. Resilience
7. Result Orientation



8. Change Leadership
9. Establishing Focus
10. Vision
11. Team Coaching
12. Delegating
13. Motivating Others
14. Develop personal and organizational capability
15. Communicate and listen
16. Visionary Leadership